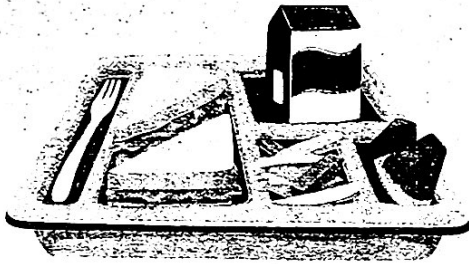


Welcome back!

NATIONAL SCHOOL LUNCH PROGRAM



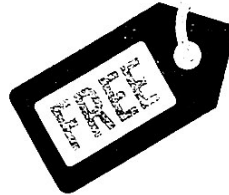
Our lunch program offers a variety of hot and cold entrées, along with fresh fruit and vegetables. Lunch includes entrée of lean protein and whole grains, 2 servings of fruit, 2 servings of vegetables, and skim white or skim chocolate milk.



To start the school year, there will be no sale of à la carte items. We will be following district safety plan guidance and will bring these options back to our lunchrooms as soon as it is safe to do so.

FREE BREAKFAST AND LUNCH

USDA has extended free breakfast and lunch to all students through the 2021-2022 school year.



SCHOOL BREAKFAST

Breakfast includes entrée with whole grains and/or lean protein, fruit, 100% juice, and skim white or skim chocolate milk.



SPECIAL DIETS



...on the road to good nutrition.

To accommodate students with special diets due to a medical need, a Special Dietary Needs Form must be completed and signed by a licensed medical professional.

FREE /REDUCED LUNCH APPLICATION

Thanks to waivers granted by USDA, NCCS is able to provide FREE breakfast and lunch to all students for the 2021-2022 school year. However, we still encourage you to fill out an application for Free and Reduced Meal Eligibility to be qualified for additional benefits such as student fee waivers, P-EBT, and reduced price internet service. Families do not need to complete an application if one of the following applies:

-Student(s) received a letter of Direct Certification



BRINGING A LUNCH FROM HOME?

Add a fruit, veggie, and milk for free!



If students prefer to bring their favorite lunch from home, they may still add a fruit, veggie, and milk from our serving line at no charge!

They must pick 3 to count as a free lunch!